

# UN Convention on the Rights of the Child

The UN Convention on the Rights of the Child is an international agreement that lists the rights that every child and young person up to 18 years of age should be guaranteed. Almost every country in the world, including Ireland, has made a commitment to work towards realising these rights for all children and young people.

The right to be protected from war



The right to be treated equally and fairly



The right to an adequate standard of living (housing, clothing etc.)



The right to information and to be protected from harmful information



The right to nutritious food



The right to rest and recreation



The right to have your best interests considered by people making decisions about you



The right to a name



The right to healthcare



The right to practice your own culture, religion and language

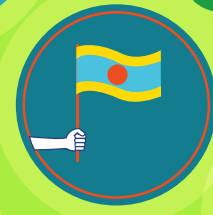


The right to live and develop

The right to privacy



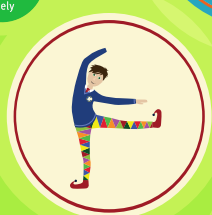
The right to a nationality



The right to be treated fairly by the justice system



The right to express yourself freely



The right to be with your family or those who can care for you best



The right to an education



The right to be protected from work that harms or exploits you



The right to know your rights and responsibilities



The right to clean water



The right to express your views when decisions are being made that affect you



The right to be safe from harm and neglect



The Ombudsman for Children is Emily Logan. The role of the Ombudsman for Children's Office (OCO) is to promote and monitor the rights and welfare of children and young people up to 18 years living in Ireland. To find out more about what the OCO does, go to [www.oco.ie](http://www.oco.ie).