The Ombudsman for Children’s Office (OCO) in Ireland works to encourage people, including the government, to respect children’s rights, to make decisions based on what’s best for children and to hear children’s views. To find out more about what the OCO does, go to www.oco.ie.

The UN Convention on the Rights of the Child is a list of children’s rights. These rights are for every child up to 18 years. All children should be able to experience these rights as they are growing up.